

**Performance Management System for Student Athletes**

**PSG Worksheet**

Week:

By executing on the following Priorities, I will be able to ...

**PRIORITY=-WHAT**

MY Why?

	<i>Plan/Actual</i>						
<b>STRATEGIES-HOW</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>

**GOALS-METRICS**